Corona Forestal Routes

Exploring the Forest Crown means discovering one of the best-preserved natural areas in Icod de los Vinos. Along the route, visitors will encounter places of great natural and historical interest, such as the Las Hayas Recreational Area, located on the ancient lava flows of Roques Blancos, and the historic Los Hornos path, associated with the traditional production of pine tar from pine resin, used to caulk and waterproof boats.
The routes also reveal a landscape shaped by volcanic activity, vast pine forests and an extensive network of water galleries that originate in these mountains and supply much of northern Tenerife. As the forest opens up, visitors are rewarded with breathtaking views of Mount Teide, the Icod de los Vinos Valley, the island's north coast and the Atlantic Ocean.

ROUTE 10
Las Hayas Loop

Technical Difficulty Moderate
Elevation Gain 479 m
Maximum Elevation 1.161 m
Elevation Loss 479 m
Route Type Circular Route
Minimum Elevation 1.012 m





ROUTE 11
Las Hayas – El Lagar Loop

Technical Difficulty Moderate
Elevation Gain 297 m
Maximum Elevation 1.185 m
Elevation Loss 297 m
Route Type Circular Route
Minimum Elevation 1.011 m



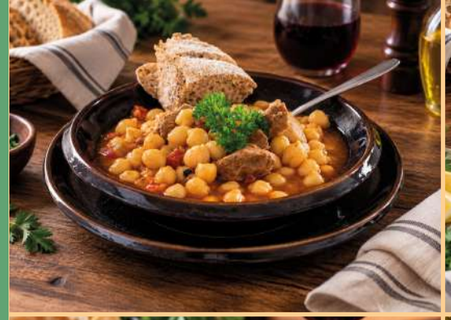


ROUTE 12
Las Hayas Loop via Camino de Vergara

Technical Difficulty Difficult
Elevation Gain 574 m
Maximum Elevation 1.362 m
Elevation Loss 574 m
Route Type Circular Route
Minimum Elevation 1.006 m













Gastronomy

The gastronomy of Icod de los Vinos is deeply connected to the landscapes crossed by these routes. The coastline, vineyards and mid-altitude farmland provide high-quality local produce that forms the basis of a traditional cuisine made with locally sourced ingredients. Along the way, visitors can enjoy some of the area's most representative dishes, such as papas arrugadas (Canarian wrinkled potatoes with mojo sauce), grilled meats, the traditional condumio, Canarian stew (puchero canario), and fresh fish from the coast, together with local products such as gofio, artisan cheeses and honey.

These routes also offer the opportunity to discover the municipality's rich winemaking tradition. The vineyards, cultivated on volcanic soils and influenced by the trade winds, produce native grape varieties such as Listán Negro, Listán Blanco and Malvasía, crafted in small family-run wineries. The experience is completed in local restaurants, wineries and traditional guachinches, where authentic Canarian cuisine and locally sourced products take centre stage.

Explore, Breathe, Feel.

**Discover our trails,
connect with nature, and experience
Icod de los Vinos with every step.**

**For more information, visit
icoddelosvinosturismo.com**

Icod de los Vinos on the Trail



ICOD DE LOS VINOS

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Historic Centre – Coastal Routes

Discover Icod de los Vinos from the heart of its historic centre to the coast, following ancient paths that for centuries connected these two areas. The route passes through iconic landmarks such as Plaza de la Pila, the Church of San Marcos Evangelista, the Chapel of Nuestra Señora de las Angustias, and historic estates such as Hacienda de Alzola (La Acequia), all of which bear witness to the municipality's rich history and identity.

The route ends at San Marcos Beach, a beautiful bay of black volcanic sand and cristal-clear waters. From this spot, visitors can enjoy spectacular sunsets over the Atlantic Ocean. A route where heritage, nature and the sea come together to reveal one of the most iconic landscapes of Icod de los Vinos.

ROUTE 1

Plaza de la Pila-Playa de San Marcos

Technical Difficulty Easy
Elevation Gain 27 m
Maximum Elevation 240 m
Elevation Loss 256 m
Route Type One way
Minimum Elevation 10 m





ROUTE 2

Plaza de la Pila – Las Cañas – La Coronela Loop

Technical Difficulty Easy
Elevation Gain 236 m
Maximum Elevation 241 m
Elevation Loss 236 m
Route Type Circular Route
Minimum Elevation 1 m





ROUTE 3

Plaza de la Pila – Old Town (Shopping Area) – San Felipe – Cuatro Caminos – Playa de San Marcos – Las Cañas – Playa de San Marcos Loop

Technical Difficulty Moderate
Elevation Gain 247 m
Maximum Elevation 249 m
Elevation Loss 247 m
Route Type Circular Route
Minimum Elevation 10 m





Midlands Routes

The midlands preserve a landscape where agriculture and nature have coexisted for generations. Ancient paths connect traditional hamlets such as La Vega and El Amparo, crossing an area where fountains, old washhouses, chapels and other features still remain, reflecting the history and identity of the municipality.

Along the way, visitors will discover remarkable landmarks such as Boquín Estate, the chapels of Nuestra Señora del Carmen and Nuestra Señora del Amparo. Walking this route means following ancient paths that once connected the midlands with the rest of the municipality. It leads through landscapes steeped in history, offering spectacular views of the historic centre, the La Culata Cliffs, Volcano Teide and the Atlantic Ocean.

ROUTE 4

Plaza de la Pila – Boquín – El Amparo – San Antonio – Plaza de la Pila Loop

Technical Difficulty Moderate
Elevation Gain 326 m
Maximum Elevation 549 m
Elevation Loss 326 m
Route Type Circular Route
Minimum Elevation 235 m





ROUTE 5

Fuente de La Vega Loop

Technical Difficulty Moderate
Elevation Gain 175 m
Maximum Elevation 978 m
Elevation Loss 175 m
Route Type Circular Route
Minimum Elevation 838 m





ROUTE 6

Santa Bárbara – Lagar de Castro Loop

Technical Difficulty Easy
Elevation Gain 155 m
Maximum Elevation 496 m
Elevation Loss 155 m
Route Type Circular Route
Minimum Elevation 347 m





Routes from the Midlands to the Corona Forestal

These routes invite visitors to discover landscapes where the traditional vineyards of the midlands blend seamlessly with the Canary Island forests, leading to iconic sites such as the historic Pino Valois, and the surroundings of Cueva del Viento, one of the world´s most important volcanic lava tube systems.

As the route climbs higher, the scenery gradually changes, giving way to an area of outstanding natural beauty with magnificent views of Volcano Teide, the Icod de los Vinos Valley and the Atlantic Ocean. These routes pass through the lower part of the Corona Forestal, of which Icod de los Vinos preserves one of the largest áreas on the island of Tenerife.

ROUTE 7

Llanito Perera – Miradero – Pino Valois Loop

Technical Difficulty Easy
Elevation Gain 98 m
Maximum Elevation 695 m
Elevation Loss 98 m
Route Type Circular Route
Minimum Elevation 597 m

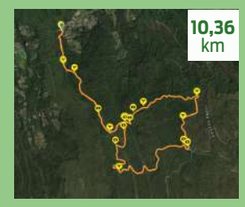




ROUTE 8

Cruz del Tronco Loop via El Lagar

Technical Difficulty Moderate
Elevation Gain 482 m
Maximum Elevation 1.040 m
Elevation Loss 482 m
Route Type Circular Route
Minimum Elevation 661 m





ROUTE 9

Cruz del Camino – Redondo

Technical Difficulty Moderate
Elevation Gain 154 m
Maximum Elevation 816 m
Elevation Loss 177 m
Route Type One way
Minimum Elevation 723 m



